

Hot Drinks Survey 2016 - All Data

Data table sorted by category, alphabetically, highest sugars per serving Product information was collected online, instore or direct from manufacturers. Colour coding based on new front of pack colour-coded nutrition labelling criteria Sugars - Red >13.5g/portion or >11.25g/100ml, Amber >2.5≤11.25/100ml, Green ≤2.25g/100ml

Section Sect	0.11	Sugars - Red >13.5g/portion or >11.25g/100ml, Amber >2.5≤11.25/100ml, Green ≤2.25g/100ml		
Signature Section Se	Café Starbucks	Drink Hot Mulled Fruit - Grane with Chai, Orange and Cinnamon Venti	Sugars per serving (g)	Teaspoons of sugar per serving
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	Costa Coffee	Cinnamon Latte Medio -Eat Out	26.1	7

Café	Drink	Sugars per serving (g)	Teaspoons of sugar per serving
Costa Coffee	Vanilla Latte Medio -Eat In	26.1	7
Costa Coffee	Vanilla Latte Medio -Eat Out	26.1	7
Costa Coffee	Roasted Hazelnut Latte Medio -Eat In	25.9	6
Costa Coffee	Roasted Hazelnut Latte Medio -Eat Out	25.9	6
Starbucks	Classic Hot Chocolate Tall	25.8	6
Costa Coffee	Caramel Latte Medio -Eat In	25.6	6
Costa Coffee	Caramel Latte Medio -Eat Out	25.6	6
Starbucks	Caramel Macchiatto Tall	25.5	6
KFC	Vanilla Latte	25.4	6
Costa Coffee	Mocha Latte Primo - Eat In	25.2	6
McDonalds	Toffee Latte Medium	25.0	6
Greggs	Hot Chocolate Regular	25.0	6
Eat	Hot Chocolate Small	24.6	6
Caffe Nero	White Chocolate Mocha - Drink In	24.5	6
Costa Coffee	Mocha Primo - Eat Out	24.4	6
Costa Coffee	Hot Chocolate Primo - Eat Out	24.3	6
Caffe Nero	Mocha with Whipped Cream - Drink In	24.3	6
Starbucks	Pumpkin Spice Latte with Whip Tall	24.1	6
Starbucks	Signature Hot Chocolate Short	23.9	6
Costa Coffee	Mocha Primo - Eat In	23.0	6
Costa Coffee	Hot Chocolate Primo - Eat In	22.6	6
Eat	Mocha Small	22.1	6
Leon	Mocha	22.0	6
Pret a Manger	Love Bar Latte	21.8	5
Pret a Manger	Orange Spiced Latte	21.4	5
McDonalds	Vanilla Latte Medium	21.0	5
Starbucks	Chai Tea Latte short	20.9	5
Pret a Manger	Mocha	20.7	5
KFC	Vanilla Latte	19.0	5
Costa Coffee	Gingerbread Latte Primo -Eat Out	18.5	5
Costa Coffee	Cinnamon Latte Primo -Eat Out	18.2	5
Costa Coffee	Vanilla Latte Primo -Eat Out	18.2	5
Costa Coffee	Roasted Hazelnut Latte Primo -Eat Out	18.0	5
Costa Coffee	Caramel Latte Primo -Eat Out	17.8	4
Costa Coffee	Gingerbread Latte Primo -Eat In	17.4	4
Leon	Hot Chocolate	17.4	4
Costa Coffee	Cinnamon Latte Primo -Eat In	17.0	4
Costa Coffee	Vanilla Latte Primo -Eat In	17.0	4
Costa Coffee	Roasted Hazelnut Latte Primo -Eat In	16.9	4
Starbucks	Mocha with Whipped Cream Short	16.9	4
Starbucks	Classic Hot Chocolate Short	16.8	4
Costa Coffee		16.8	4
	Caramel Latte Primo -Eat In	15.6	4
Starbucks Starbucks	Pumpkin Spice Latte with Whip Short		4
	Caramel Macchiatto Short	14.7 12.9	4
Costa Coffee	Chocolate Babycinno		3
Costa Coffee	Mocha Cortado - Eat Out	12.1	3
Costa Coffee	Mocha Cortado - Eat In	10.4	3